## What does it mean to be SOBER CURIOUS?



Sober curiosity invites people to consider the role that alcohol plays in their life, and explore alternatives, without committing to a full lifestyle change



## What are the benefits?



Cheaper nights out

More energy







Follow sobercurious influencers

**Enjoy it!** 



## What about my social life?

More and more society socials are going sober, just look out for non-alcohol focused events!

